

Q: What does CCI do?

1. Publishes and distributes meeting lists.
2. Receives the 7th Tradition contributions from CCI OA groups, of which 10% is sent to support Region 6 and 30% is sent to the World Service Office.
3. Maintains a 24-hour telephone answering line (508-428-9848).
4. Sends a summary of each CCI meeting to each group.
5. Sponsors Sharathons and an annual Retreat.
6. Provides public information to healthcare professions.
7. Provides a link between CCI and OA (at the regional and national levels) where policy is set and literature is developed.
8. Represents CCI and its OA member groups at Region 6 Assemblies and the World Service Business Conference.

Q: What does CCI NOT do?

- A. CCI does not set rules for groups. According to Tradition 4, "Each group is autonomous except in matters affecting other groups or OA as a whole."

Q: What happens at a CCI meeting?

- A. Meetings open at approximately 10:15 am with the Serenity Prayer, followed by a reading of the Steps, then a reading of the Tradition and Concept of the month. The minutes of the previous meeting are reviewed. The Treasurer gives a report on the prior month's income and expenses and resulting balances. The Meeting of the Month* is selected from suggestions and comments of those present. The rest of the meeting is used to report on new information from Region 6 and/or World Service, address unfinished business, discuss new topics on the agenda and review of any committee work.

* Those present at the Intergroup meeting select one of the CCI member meetings to visit during the month, both to support groups and to provide them information about CCI services.

Q: How can I participate in CCI meetings?

- A. By becoming an Intergroup Representative (IR) or Alternate Intergroup Representative (AR), one becomes a voting member. However, any OA member is welcome to attend to volunteer for a variety of service opportunities.

Q: Who is qualified to be an IR?

- A. Each meeting decides the qualifications for its IR. Typically, a commitment to attend the meetings is suggested.

Q: How do I become an IR?

- A. Each meeting establishes its procedures for choosing an IR. Groups might hold elections or simply use the volunteer method.

Q: How long is the term for an IR? How many terms may the same person serve?

- A. Each meeting group determines both the length of term and number of terms an IR may serve; however, 6 to 12 month terms are common.

Q: What are my duties as an IR?

1. Attend monthly CCI meetings, vote on motions, serve on Intergroup committees and, when possible, help organize OA events.
2. Bring back to his/her group announcements on upcoming events, updated meeting lists and any other information pertinent to the group.

Q: How do I give an Intergroup report to my group? How often?

- A. With the printed CCI agenda, the IR can take notes and report to his/her group on a monthly basis. Minutes of each meeting are also mailed to each IR, who can present report and leave it on the meeting's literature table.

Q: How big is Cape Cod Intergroup?

- A. As of November 2009, CCI had 11 groups, in the following towns:
Centerville (3), Chatham, Falmouth (2), Mashpee, Provincetown, South Dennis, Dennis, and Yarmouthport.

Q: How is the Intergroup meeting different from a regular meeting?

- A. An Intergroup meeting deals exclusively with services provided to individual meetings with CCI business.

Q: Who can vote at a CCI meeting?

- A. The duly-elected or chosen Intergroup Representative (IG) or Alternate Representative (AR from each OA group belonging to CCI; Intergroup Board members (Officers), except the Chairperson who votes only in the case of a tie vote.

Q: Who can put an item on the CCI agenda and how is this done?

- A. Any OA member may submit an item for the CCI agenda by calling, writing, or e-mailing the CCI Chairperson:
Address: Cape Cod Intergroup
P.O. Box 273
Centerville, MA 02632
Web Site: www.ccigoa.org
Phone #: (508) 428-9848

Q: What are the job descriptions of the CCI officers and delegates?

Chairperson: Prepares agenda and presides over monthly business meetings; keeps discussion on track; signs checks in lieu of Treasurer; casts deciding vote in case of tie; appoints committee chairs, interim board members and delegates.

Treasurer: Keeps a ledger of all income and expenditures of the Intergroup; pays the bills (rent, telephone, printing, etc); makes monthly report of finances at Intergroup meeting; sends contributions on behalf of Cape Cod Intergroup member groups to World Service and Region 6.

Recording Secretary: Records minutes of each Intergroup meeting; forwards minutes to Corresponding Secretary for distribution; maintains file of all minutes of past meetings.

Corresponding Secretary: Maintains current listing of all member groups and OA service bodies for correspondence; distributes minutes and other information to member groups.

Region 6 Delegates (or Alternates): Attends semi-annual (Spring and Fall) Region 6 Business Assemblies; represents our Intergroup's views through committee work and voting in committees; reports actions of the Assembly back to the Intergroup.

World Service Business Conference Delegate: Attends yearly World Service Business Conference to represent our Intergroup; serves on committees; votes and reports back to Intergroup.

Note: Please refer to the Bylaws of CCI for qualifications for the above positions.

Cape Cod Intergroup meetings are held:

- 3rd Saturday of each month.
- 10:15 am (following 9am meeting)
- South Dennis Police Station, 90 Bob Crowell Road (Exit 9B, off Rte 6)

ALL ARE WELCOME!



**Overeaters Anonymous®
Cape Cod Intergroup
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Tradition 9 reminds us that “OA, as such, ought never be organized; but we may create service boards or committees directly responsible to those they serve.” Cape Cod Intergroup (CCI) is one of those service boards. This brochure was created to help members understand what CCI does and to encourage member meetings to do service by participating in CCI.

Frequently Asked Questions About Cape Cod Intergroup (CCI)

Q: What is the Purpose of Cape Cod Intergroup?

- B. The primary purpose of Cape Cod Intergroup is to aid those with the problem of compulsive eating through the Twelve Steps of Overeaters Anonymous, and to serve and represent the OA groups from which the Intergroup is formed.
- C. To further the OA program in accordance with the Twelve Steps, the Twelve Traditions and the Twelve Concepts of OA.
- D. To maintain communication among the OA groups within Cape Cod Intergroup.
- E. To provide links between CCI and OA (at the regional and national levels of OA) where policy is set and literature is developed.
- F. To educate the public about the hope available through the OA program for recovery from compulsive eating.

December 2009

